



Treatment of Functional Constipation

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Abstract:

Childhood constipation is often a long-term problem requiring treatment over months or years. There is no single treatment method for constipation and many children do not respond and continue to have chronic problems. Treatment is consisted of: Disimpaction, Drug administration, Diet modulation, and behavioral therapy. It is necessary in all cases that not responding to conventional therapy, undiagnosed organic causes, non proper drug, short course therapy, behavioral disorder and withholding should be considered. Internal anal achalasia, Neural tube defect, Neurointestinal dysplasia. and food allergy are the most important predisposing factors in treatment failure. PEG is drug of choice for treatment and therapy must be continued for several months or years. Psychologic consulting should be considered in patients with severe behavioral disorder.

Key words: Children, Functional Constipation, Treatment.

Oral Presentation, N 14

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