

## Gastric Inflammatory Myofibroblastic Tumor as a Cause of Gastric Outlet Obstruction in Children

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### Abstract

Gastric inflammatory myofibroblastic tumor (IMT) is a rare tumor that is almost seen in children with a wide range of clinical features. However, radiologic imaging and gastro endoscopy can be helpful, but the confirmation of the IMT diagnosis is via a histopathologic gastric specimen evaluation. Here we present the 2nd case of IMT with the clinical manifestations of a gastric outlet obstruction (GOO) in an eleven month old infant. Surgical treatment should be considered for the treatment of IMT.

**Key Words:** Case study, Gastric outlet obstruction, Histopathologic gastric specimen evaluation, Inflammatory Myofibroblastic Tumor

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## 1- INTRODUCTION

Gastric outlet obstruction (GOO) is a condition in which mechanical obstruction in the gastric pylorus region leads to epigastric pain and postprandial vomiting (1). Idiopathic (or infantile) hypertrophic pyloric stenosis (IHPS) is the most common cause of GOO in children with a prevalence of 2 to 5 per 1000 live births (2, 3). Other causes of GOO include:

- a) Gastric volvulus,
- b) Gastric antral web,
- c) Gastric duplication cysts,
- d) Gastric polyps,
- e) Neoplasm, and other rare causes (4). When IHPS is excluded, the prevalence of other causes encounters only 1 in 100 000 live births (5).

Gastric inflammatory myofibroblastic tumor (IMT) is a rare and unique mesenchymal tumor characterized as a low-grade malignant or borderline tumor. In recent years, the World Health Organization (WHO) proposed the term IMT, which has gradually been recognized by experts and scholars (6).

We presented here a child with Gastric IMT, causing GOO.

## 2- CASE PRESENTATION

An 11-month-old boy, weighing 10 kg, presented to our hospital with a history of a mildly distended abdomen, fever, and recurrent nonbilious postprandial projectile vomiting for 2 months. In clinical examination, his sclera was pale and anthropometric measures were normal. Primary laboratory tests indicated microcytic anemia, leukocytosis, and elevated inflammatory markers such as Erythrocyte Sedimentation Rate (ESR), C-reactive protein (CRP) level, and platelet count (hemoglobin 7.1g/dl; WBC count  $20.82 \times 10^3$  cells/ml; PLT count  $962 \times 10^3$  cells/MCL; ESR 69 mm/hour; CRP 102 mg/dl). Abdominal ultrasound indicated a mass between the anatomical position of the gastric outlet and the proximal part of the duodenum. In the contrast study, distended stomach, filling defect in the antral region and little transit of contrast media after 15 minutes were shown (**Fig. 1**).



**Fig. 1:** Esophagogastroduodenoscopy indicating a mass between the anatomical position of the gastric outlet and the proximal part of the duodenum, The lesion in gastric fundus, incisura, and antrum from right to left

Esophagogastroduodenoscopy showed a large polypoid verrucous mass that lied from cardia to antrum and obstructed the

pylorus region. **Fig. 2** showed the lesion in gastric fundus, incisura, and antrum from right to left. The elective laparotomy was

done via the transverse supraumbilical incision. There was an 18×12 cm polypoid mass at the antrum and body of the stomach near the distal margin. Several lymphadenopathies were seen around the

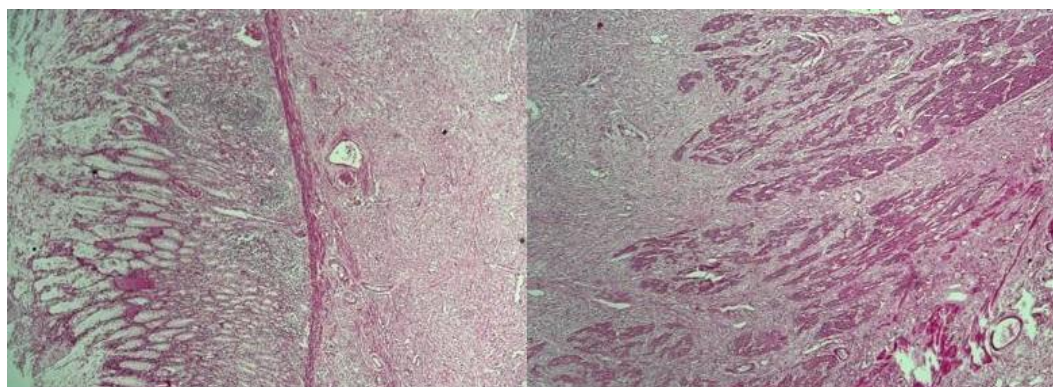
stomach and subhepatic space. Billroth II gastrectomy was done and 13 lymph nodes with a maximum size of 1 cm were resected.



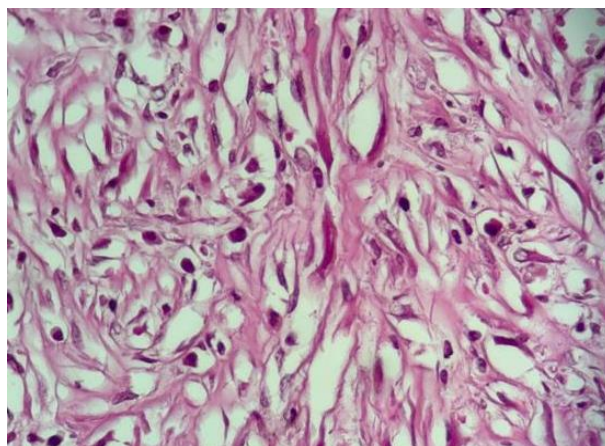
**Fig. 2:** The lesion in gastric fundus, incisura, and antrum from right to left

The histopathological evaluation showed a gastric stromal neoplasm with a fascicular growth pattern, moderate cellularity composed of the spindle to stellate myofibroblastic cells with vesicular and nucleolated nuclei (**Fig. 3** and **4**).

Immunohistochemistry staining (IHC) were positive for smooth muscle actin (SMA), Vimentin, and Anaplastic Lymphoma Kinase (ALK). The patient did well with no recurrence or complication over 2 years of follow-up.



**Fig. 3:** Inflammatory myofibroblastic tumor cells infiltrating from submucosa to muscularis propria and serosa (H & E staining, low power field).



**Fig. 4:** Infiltration of spindle cell myofibroblasts intermixed with inflammatory cells (H & E staining, high power field)

### 3- DISCUSSION

IMT is defined as a histologically distinctive lesion of uncertain behavior. It was formerly known as pseudoinflammatory tumor, plasma cell granuloma, inflammatory fibroblastoma, and inflammatory fibromyalgia. IMT frequently recurs and rarely metastasizes (7). It has shown that the most common locations of IMT in children are abdomen and pelvis, respectively (8). The clinical features of gastric IMT are variable. Some of them include abdominal pain, upper gastrointestinal bleeding, vomiting, growth retardation, and an abdominal mass. Furthermore, fever and/or weakness are seen in almost all patients. Severe microcytic hypochromic anemia, thrombocytosis, elevated ESR, and hypergammaglobulinemia are common laboratory data in a patient with IMT (9).

As yet, it is unclear what causes gastric IMT, but it may develop from stem cells in the gastric mesenchyme that differentiate into myofibroblasts. Risk factors such as inflammation, surgery, trauma, and unique infection are associated with the occurrence of IMT (10).

To our knowledge, this is the 2<sup>nd</sup> case of gastric IMT with the clinical features and presentation of GOO in children. The

previous case was an 8-month girl who presented with persistent vomiting for several days, an epigastric palpable mass, and normal laboratory data (11). However, in our patient, the clinical manifestations were low-grade fever, abdominal distention, a gastric mass, and recurrent vomiting for 2 months. Microcytic hypochromic anemia, elevated ESR, and thrombocytosis were also seen in the laboratory data.

IMT in most cases mimics the features of malignancy in upper endoscopy and radiologic imaging. Hence, the diagnosis of IMT is based on the histopathological findings in postoperative evaluation. In histopathology, IMT is characterized by spindle, the epithelioid proliferation of myofibroblasts, a lymphoplasmacytic infiltrate, and a myxoid background stroma (7).

A complete or partial surgical resection is the most common treatment for IMT (12). However, the case was treated with combined endoscopic and laparoscopic gastric wedge resection (13).

In conclusion, gastric IMT is a rare tumor that can cause GOO. Complete surgical resection is the first line of treatment for IMT. Because of the risk of recurrence, a long-term follow-up should be considered.

#### 4- ACKNOWLEDGEMENT

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